



FASTFORWARD

SAMPLE SCHEDULE

FRIDAY

- 12:30** ENJOY YOUR LAST LUNCH (@ PERSONAL HOMES/SCHOOL)
- 1:00** BEGIN FAST. HAVE STUDENTS KICK OFF THEIR FAST ON THEIR OWN OR START TOGETHER!
- 4:00** GROUP EVENT - ARRIVAL, REGISTRATION, SETTLE IN, ETC
- 4:30** WELCOME & ORIENTATION
- 5:00** ACTIVITY #1
- 6:30** FREE TIME
- 7:00** SESSION (COULD INCLUDE: WORSHIP, SMALL GROUPS, DISCUSSION, BIBLE STUDY)
- 9:00** ACTIVITY #2
- 10:30** WIND DOWN - SLEEPOVER OR DEPARTURE
OPTIONAL LATE NIGHT ACTIVITY (EX. MOVIE)

SATURDAY

- 9:00** RISE AND SHINE
- 9:30** SESSION (MORNING REFLECTION & ENCOURAGEMENT)
- 10:00** SERVICE PROJECT
- 12:00** SESSION
- 1:00** BREAK-FAST & CELEBRATION

see resources on
www.worldrenrew.net/fastforward
for activity and session ideas